



Scoil Réalt na Mara

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STAIR NA SCOILE

Bunaithe 1978

Scoil Réalt na Mara was founded in September 1978. The school was initially located in what we now call “The Little Theatre” and five years later a new building off the Balbriggan Road was completed. This new building was officially opened on October 23rd, 1983 and blessed by Dr. Dermot O’Mahony. Scoil Réalt na Mara is a Catholic school under the patronage of the Archbishop of Dublin.

From the outset the interest in Irish Language and culture was evident and these became central to the Ethos of the school. Sport and music also play a major role in the day to day activities of the children in our care. The importance of parents as ‘Partners in Education’ was recognised from the outset and parents have been involved in every aspect of the school’s development e.g. Parents’ Association, Board of Management, First Communion Breakfasts and 6th. Class Graduation to name but a few.

Our motto is ‘**Ní Neart go Cur le Chéile**’ - Unity is Strength. May the spirit of co-operation between pupils, parents and teachers that has been the hallmark of Réalt na Mara from the beginning continue long into the future

SCHOOL DISCIPLINE

Every child coming to school has a right to expect an atmosphere where he/she can learn, play and be safe. It is to ensure this right that a certain code of discipline has to be in operation in any school.

The school expects that you will:

Do your best in school and with homework.

Be well behaved and show consideration for other children and adults.

Show respect for the property of the school, other children's property and their belongings.

Not use bad language in school. Not give cheek, answer back or be insolent to any member of school staff.

Your teacher expects that you will:

Politely greet teachers and visitors to the school or class.

Stand back for adults.

Stand properly when spoken to and look at the person talking to you.
Not interrupt conversations.

Have all homework done and the homework diary signed each night.
Seek the permission of the múinteoir to leave the classroom, during class time.

Not leave your seat without permission.

Put up your hand if you wish to speak.

Sit correctly on your chair at all times. Swinging on chairs is strictly forbidden (for health and safety reasons).

Have your own pencils, pens, copies, books etc.

Your fellow students expect that you will:

Speak to them with courtesy and respect.

Not bully them.

Not use bad language.

Not interfere with the property of another pupil.

General school rules:

Running is forbidden in school. Running is forbidden in classrooms.

Pupils may not leave the school without having sought the permission of their Class Teacher who will inform the Príomh-Oide.

Pupils must remain in an orderly line when going to and from the clós, halla, geata or any other area of the school.

Pupils must go directly to their seomra ranga when they come to school and then seek permission from their múinteoir to go to any other area of the school.

Pupils may only eat in class during break times, unless otherwise directed by the múinteoir.

Cycling and using scooters is not allowed within the school grounds. All pupils cycling to and from school must wear a helmet.

Pupils must at all times adhere to the instructions of the teaching staff.

Pupils are not permitted to have mobile phones in school.

In the playground we expect that you will play safely.

You are not allowed to:

Fight. Kick another person. Lift another pupil off the ground.

Leave the clós without the permission of the teacher on duty.

Knock another pupil to the ground. Climb basketball posts or fences.

Bring rulers, pens, compass etc to the yard.

Uniform.

Pupils must wear their full school uniform every day.

Pupils should wear their P.E. uniform on the assigned day(s).

Runners are only allowed on assigned P.E. days.

Jewellery should be confined to watches, girls may wear stud earrings.

Indoor Rules at Breaktimes.

On days when children must remain indoors at break times, all pupils must remain seated in their classrooms.

School Calendar 2017-2018

August 2017					
M		7	14	21	28
Tu	1	8	15	22	29
W	2	9	16	23	30
Th	3	10	17	24	31
F	4	11	18	25	
S	5	12	19	26	
S	6	13	20	27	

September 2017					
M		4	11	18	25
Tu		5	12	19	26
W		6	13	20	27
Th		7	14	21	28
F	1	8	15	22	29
S	2	9	16	23	30
S	3	10	17	24	

October 2017					
M		2	9	16	23
Tu		3	10	17	24
W		4	11	18	25
Th		5	12	19	26
F		6	13	20	27
S		7	14	21	28
S	1	8	15	22	29

November 2017					
M	30	6	13	20	27
Tu	31	7	14	21	28
W	1	8	15	22	29
Th	2	9	16	23	30
F	3	10	17	24	
S	4	11	18	25	
S	5	12	19	26	

December 2017					
M		4	11	18	25
Tu		5	12	19	26
W		6	13	20	27
Th		7	14	21	28
F	1	8	15	22	29
S	2	9	16	23	30
S	3	10	17	24	31

January 2018					
M	1	8	15	22	29
Tu	2	9	16	23	30
W	3	10	17	24	31
Th	4	11	18	25	
F	5	12	19	26	
S	6	13	20	27	
S	7	14	21	28	

February 2018					
M		5	12	19	26
Tu		6	13	20	27
W		7	14	21	28
Th	1	8	15	22	
F	2	9	16	23	
S	3	10	17	24	
S	4	11	18	25	

March 2018					
M		5	12	19	26
Tu		6	13	20	27
W		7	14	21	28
Th	1	8	15	22	29
F	2	9	16	23	30
S	3	10	17	24	31
S	4	11	18	25	

April 2018					
M		2	9	16	23
Tu		3	10	17	24
W		4	11	18	25
Th		5	12	19	26
F		6	13	20	27
S		7	14	21	28
S	1	8	15	22	29

May 2018					
M	30	7	14	21	28
Tu	1	8	15	22	29
W	2	9	16	23	30
Th	3	10	17	24	31
F	4	11	18	25	
S	5	12	19	26	
S	6	13	20	27	

June 2018					
M		4	11	18	25
Tu		5	12	19	26
W		6	13	20	27
Th		7	14	21	28
F	1	8	15	22	29
S	2	9	16	23	30
S	3	10	17	24	

July 2018					
M		2	9	16	23
Tu		3	10	17	24
W		4	11	18	25
Th		5	12	19	26
F		6	13	20	27
S		7	14	21	28
S	1	8	15	22	29

School Closures are shaded in Grey

TERM 1: Fri 1st Sep - Fri 22nd Dec 2017

October 2017 Mid-Term: Mon 30th Oct - Fri 3rd Nov

Dec: School closed Fri. 8th December

Christmas Break 2017:

Mon Dec 25th - Fri Jan 5th 2018

TERM 2: Mon 8th Jan - Fri 23rd March 2018

February Mid-Term: Thurs 15th & Fri 16th February

St. Patricks Day Holiday: Mon 19th March

Easter Break 2018: Mon March 26th - Fri April 6th

TERM 3: Mon 9th April - Fri 29th June 2018

Other Closures 2018: May Mid-Term: Mon 7th & Tue 8th May June Bank Holiday Mon 4th & Tue 5th

2017/18/3

SCHOOL TIMES

Assembly time	8.50am	Infants go home	1.30pm
Formal classes begin	9.10am	Ranganna 1 - 6 go home	2.30pm

Parents are asked to note that the school building does not open until 8.50am. For insurance reasons children who arrive early should not enter the school grounds until 8.50am. Formal classes begin at 9.10am. We would appreciate if parents would vacate the school building before 9.10am as teachers need to begin the day's work. Children who arrive after 9.10am must report to the office. Lunches or any other items left at home may be left by parents at the office. All parents calling to the school after 9.10am should report to the school office.

ABSENCE FROM SCHOOL

We appreciate telephone calls in relation to absences, however it is important that a written note is forwarded to the school on the child's return, as a written record is essential under the Education Welfare Act 2000. The reason for each absence is also required. It is our duty to notify the Education Welfare Board about any child who is absent 20 or more days in the school year.

SCHOOL UNIFORM

It is important that each child wears the uniform every day. We look forward to support from parents in implementing this rule.

The uniform consists of:

Buachaillí - Navy trousers	Cailíní - skirt/gymslip	Pale blue shirt
Navy jumper/cardigan with school crest	Navy tie	Black shoes & Navy socks
	School Track Suit	

The School crest is an important part of the school uniform and instills a sense of pride in our school. They are available from the office. **Coats, uniform jumpers/cardigans and tracksuits should be labelled to facilitate identification.**

HOMEWORK

Homework is an important part of the child's work. It helps to reinforce what has been learned at school. It also enables a child to do a limited amount of work on his/her own. This independence and acceptance of responsibility is an important part of the child's development.

Homework is given four nights a week : Monday - Thursday

In the event of work during the week being unsatisfactory, some teachers may also require additional work to be done over the weekend.

The following is a guide as to the length of time homework should take the average pupil:

Ranganna 6 agus 5	:	One hour
Ranganna 4 agus 3	:	45 minutes
Rang 2	:	30 minutes
Rang 1	:	20 minutes
Senior Infants	:	10 - 15 minutes
Junior Infants	:	5 minutes

If it regularly takes your child considerably more or less time to do homework, it would be worth considering the following:

If time taken is too short:	(1)	Is all the homework being done?
	(2)	Is the work being done tidily and carefully?
If time taken is too long:	(1)	Does your child understand what he/she is doing?
	(2)	Are there other distractions e.g. television, friends calling, while work is being done?

If you feel that the time span is too long or too short, please speak to the class teacher.

Every child in Ranganna 1 - 6 has a homework diary. This should be signed each night on completion of the work. The purpose of the diary is to keep a check on the child's work during the year. Each diary is checked regularly in school and if homework is not being done satisfactorily, this will be commented on by the teacher. It is then up to the parents, in the child's interest, to make sure that the work is properly done. Homework is the responsibility of the home. It would in fact be much easier for teachers not to give any homework. This however would not be in the interest of the pupils. So please, check your child's homework diary every night and sign the diary on completion of the work. The establishment of a routine with regard to homework is of great benefit to all children.

We look forward to your co-operation in this matter.

HEALTHY LUNCH POLICY

- 1 Senior pupils are allowed keep reusable water bottles on their desks during the day.
- 2 The morning break (an sos beag) will be a healthy snack time (fruit, vegetables, crackers etc).
- 3 We all agree that fizzy drinks, chewing gum and crisp products (including popcorn) are not to be taken to school.
- 4 We agree that we should try to choose healthy, non-sweetened and low salt foods (including fruit) to eat in school.
- 5 With the above point in mind, we will limit sweet things (once a week in the case of infants).
- 6 Everyone in the school community will reduce waste by reusing bottles, using lunch boxes and choosing products with less packaging.
- 7 Glass bottles and drink cans will not be allowed.
- 8 Lunch waste is to be taken home – this highlights lunch packaging and helps ensure that lunch has been eaten.

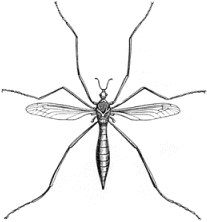






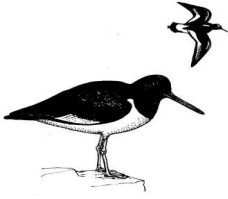

DIET RECOMMENDATIONS

(www.safefood.eu)

1. Portion size
A five year old only needs half an adult portion.
2. Drink water / milk
Drink water or milk at meal times. Sugared drinks offer needless calories.
3. When do we get treats?
Every day is not a 'treat'.

BIODIVERSITY IN SCOIL RÉALT NA MARA

Here are some living things can be seen around our school at different times of the year. All living things depend on the life around them. Date each box as you spot them. Go neirf leat

<p>Daddy-long legs Snaithid an Phúca</p>  <p>Meán Fómhair</p>	<p>Sycamore seeds Síolta an Seiceamair</p>  <p>Mí na Samhna</p>	<p>Swallow An Fháinleog</p>  <p>Lár mí Bealtaine ar aghaidh</p>
<p>Wagtail Glasóg Shráide</p>  <p>Gach mí den bhlian</p>	<p>Crocus Crócas</p>  <p>Mí Feabhra</p>	<p>Ladybird Bóin Dé</p>  <p>Mí Meithimh</p>
<p>Oak leaf Duilleog Darach</p>  <p>San fhómhar agus sa samhradh</p>	<p>Oystercatcher Roilleach</p>  <p>Sa gheimhreadh</p>	<p>Cherry Blossom Lusa an tSilín</p>  <p>Lár mí Aibreáin</p>